

## **Milestones 1: Big Beds, Giving Up Binkies, etc.**

Bunting, E. My Big Boy Bed. There are countless reasons for one energetic three-year-old to love his new big boy bed. Best of all, he can get out of his bed any time he wants—as long as his parents don't hear him! This story perfectly captures the feelings surrounding a rite of passage that every child experiences.

j PAR PIC Bunting

Cooper, I. Jake's Best Thumb. Jake is an expert at doing things with his best thumb. He can walk the dog, watch TV, even ride his bike. When he goes to kindergarten, a bully teases him about sucking his thumb, but Jake discovers that everyone—even bullies—needs some help being brave.

j PAR PIC Cooper

Curtis, J. My Brave Year Of Firsts. This book celebrates the extraordinary, everyday bravery of trying new things for the very first time. Whether Frankie's learning to ride a bike, love her first dog, make new friends (her very first twins), or help out her dad, she discovers that trying new things is how she grows—and that being brave enough to do so is what growing up is all about.

jP Curtis

Fleming, D. Maggie And Michael Get Dressed. It's time for Michael to get dressed and he counts on his dog, Maggie to help. Michael knows where each piece of colorful clothing should go. Yellow socks on feet, brown hat on head. But who will end up wearing the blue pants?

jP Fleming

Ford, B. No More Pacifier for Piggy! When visiting his friend Ducky, Piggy must choose between playing a new game and sucking on his pacifier.

jP Ford

Ford, B. No More Bottles for Bunny! Bunny gives up his bottle so he can have tea and cookies just like the big kids.

j PAR PIC Ford

Friedman, L. A Big Bed for Jed. When Jed is reluctant to move from his crib into a big-kid bed, his entire family comes up with a plan to make him change his mind.

j PAR PIC Friedman

Gay, M. Good Morning, Sam. Preschooler Sam is awakened by his older sister, Stella, who offers to help him dress. Sam bravely announces that he doesn't need any assistance. But though he's willing, he's not quite up to the job, being largely undermined by his own sense of fun and the antics of his little, mischievous, pot-bellied dog. Big Sister's help is, therefore, occasionally necessary. "Finally," says impatient Stella when the job is done. "Let's go," she says, heading out the door--still wearing her nightgown.

jP Gay

Henkes, K. Owen. Owen's parents try to get him to give up his favorite blanket before he starts school, but when their efforts fail, they come up with a solution that makes everyone happy.

jP Henkes

Hines, A. My Own Big Bed. The independent little girl in this snug story loves her brand new big bed but . . . What if I fall out? What if I get lonely? What if I get lost? What if I get scared? Each time, she responds bravely, "I can fix that".

j PAR PIC Hines

McGhee, A. Bye-Bye, Crib. A big boy and his best stuffed friend seek the courage to move to a gigantic new bed. j PAR PIC McGhee

O'Connor, J. Ready, Set, Skip! This little girl can leap, creep, twirl, skate, burp, slurp, and do all the other things kids love to do—except skip! But with the help of a clever suggestion from her mom, she soon finds herself skipping all the way to school. jP O'Connor

Primavera, E. Thumb Love. Lulu was a thumb sucker: in fact, Lulu and her thumb were best friends. Despite the urging of her family and the teasing of her friends, Lulu just would not give up her thumb-sucking habit. That is, until one day . . . when Lulu made up her mind to stop. And to help herself and thumb suckers all over the world, Lulu developed a program—one with steps.

j Par Pic Primavera

Ross, T. I Want My Pacifier. The royal pacifier has mysteriously disappeared again. It always turns up though, even if it is found in some very strange places. Will the Little Princess ever give it up? jP Ross

van Lieshout, M. Bye-Bye Binky. In Bye-Bye Binky, a smiling toddler narrates her transition from a crying baby comforted only by her binky to a girl who can ask for what she needs. She marks her transition to "big kid" by passing her binky along to another baby. j Par Pic van Lieshout

Yum, H. The Twins' Blanket. Two twin girls, who have always shared everything, sleep in separate beds with their own blankets for the first time. jP Yum